Poetry in a Pandemic
A project by East Coast College Childcare students
Lockdown Poetry

During lockdown, East Coast College’s Childcare students were tasked with writing their own poems inspired by ‘The Great Realisation’ by British poet Tomos Roberts.

His poem captured the mood of the nation during lockdown and reminded people to enjoy the simple pleasures in life, that before Coronavirus, people often lost touch with. Our Childcare students were asked to write a poem to share with children or their classmates about their thoughts and feelings during lockdown.

Letter from the Principal

It was with great pleasure that I received an anthology of poems from your teacher, Melanie James.

Your poetry in lockdown provided some important and meaningful reflections, combining frustrations and fear with hope for the brighter future we all wish for around the corner.

In years to come your poetry will provide you with memories of how you felt at this unusual time.

Please keep writing - they are fantastic!

Stuart Rimmer
CEO & Principal
Our world has gone crazy
Nowhere to go
Stuck in lockdown
Life is so slow

Coronavirus has taken over
Stopping us from living our lives
We have to stay safe by staying at home
Some people were unable to survive

Not being able to see family
So upsetting and sad
Feeling so lonely and lost
This situation has become so bad

Shops and hairdressers closed
Our hair has become scruffy and long
Unable to do anything about it
We have to stay strong

Lockdown has finally been released
Living life a bit more than we could before
Starting to feel a lot happier
No more having to stay indoors

Families back together
From a distance of course
Still making more memories and being happy
No more living on being forced

By Eloise
In a time of worry
Where nobody is in a hurry
No cars on the road
All trapped in our homes
We are all together
With the ones we love forever
Spending times with the ones we love
Doing things we never could
In a time of not knowing
We have to keep on going
We have to fight
So we can see the light
This will come to an end
There is light around the bend
We have to work as one
To get this done

By Aaron

My great realisation
confused, clear
Overwhelmed with fear,
ridiculous guidelines,
on the spot police fines,
Nowhere open, for how long?
Anyone know what’s going on?
Virus... what even does that mean?
Information and keeping clean,
really scary time this is,
Unpresidented, UN-PRESI-DENTED!
Someone tell me what’s going on, so this doesn’t last for long.

By Ria
I wake up to another day indoors
The time flies past it is already quarter to four
I have not seen my family in what seems like years
As I listen to evening news, the number of deaths gives me fears
The hours spent on my phone have never been so long
Everyday becomes harder and I am not as strong
Chocolate, crisps and sweets are very popular snacks
Instead, I eat fruit to restore the nutrients I lack
At night, I stay awake until the sun lights up the sky
I think about all the things I could have done but why
Is it because I miss what normal day-to-day life is like
Or is it I just want to go out without the fear of second spike
Lockdown is for safety to stop Covid-19
We have had many speeches from people even the Queen
Everyone is slowly becoming bored
As I wake up to another day indoors

By Aimee
To all the children who stayed at home
You may have noticed a few changes...
people have to stay at home...
You cannot roam the streets anymore...
Now we have to stay at home until it is safe...

Don’t worry there is lots to do...
Can you guess this animal, moo moo moo

Let’s draw a picture of how we feel...
Sad, happy, excited, lonely ...
Can you write why it makes you feel like this?

You might miss a lot of people...
Why don’t we say hello to them...?
Let’s write a special letter...
To....
Not long now....
Soon we can see all our friends and teachers.
Wow!

By Mia

Lockdown brought out lazy Lucy,
Outside world is scary,
Covid-19 means no Chinese,
Kindness is shown by the sound of clapping,
Despair is felt by not seeing loved ones,
Ordering online to pass the time,
Wonderful walks with my loveable Finley,
Nearly over, back to normality

By Lucy
Lockdown has been scary and confusing,
I sit here at home doing nothing.
It’s the same thing each day I wake up,
Get up do coursework, play games, eat, sleep
and repeat.
I’m scared, I’m scared about the fact that it,
Feels like lockdown is never going to end
I haven’t seen my partner in over two months,
When will I see him again?
When will my life be finally normal again?
I miss doing my everyday things,
Like walking to my boyfriend’s house at the
weekend,
Or after a hard day at college.
I miss just been able to walk to the shop without
feeling like I’m doing something wrong.
Some days I wake up sad, sad that I can’t see
my boyfriend
Sad that I can’t go out, but other days I wake up
happy
Happy to wake up with my boyfriend on the
phone, happy that my family are still ok,
Happy that my partner and family are healthy.

By Jodie
Lockdown has been put in place,
It feels strange not seeing a friendly face.
The loo rolls are missing
And my jeans are not fitting
But at least we're all safe.

We show our love for the NHS on thursdays
And the arts and crafts are coming together in so many different ways.
Our classes are all on zoom
Because we can’t be in the same room.

We have an increased amount of time spent on our phones,
As we can’t spend time with the ones we love most.
Days turn to weeks and weeks turn to months,
But to the NHS, thanks a bunch.

We may disagree on a lot of things,
And our opinions on lockdown may be some.
But one thing we can agree on
Is to take each day, one by one

By Megan